

# Cashew Onion Dip

## Ingredients

2 cups of raw cashew nuts  
1 tsp sea salt  
1 cup of onion  
Water  
Scallions (optional)

## Instructions

- Blend nuts in a food processor until you reach a fine consistency.
- Add one teaspoon of sea salt and one teaspoon of water.
- Stir until thick, smooth and creamy. Add more water if too thick or to reach a consistency you desire.
- Add onion (and/or scallions) by hand and mix thoroughly.



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